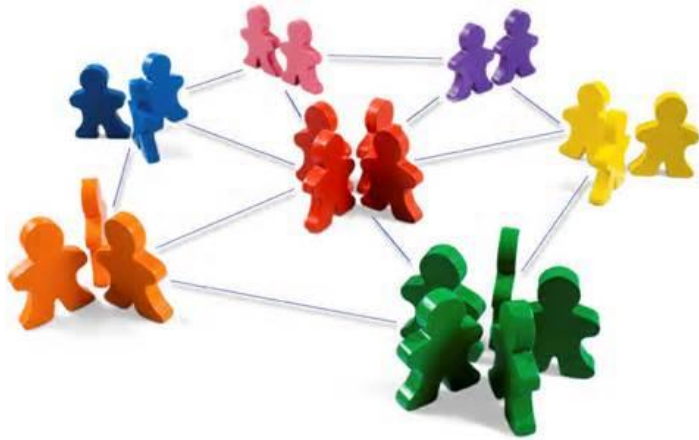


RELATIONSHIPS AT WORK



Good relationships with colleagues are crucial. Open discussion is essential to encourage positive relationships.



Solutions?

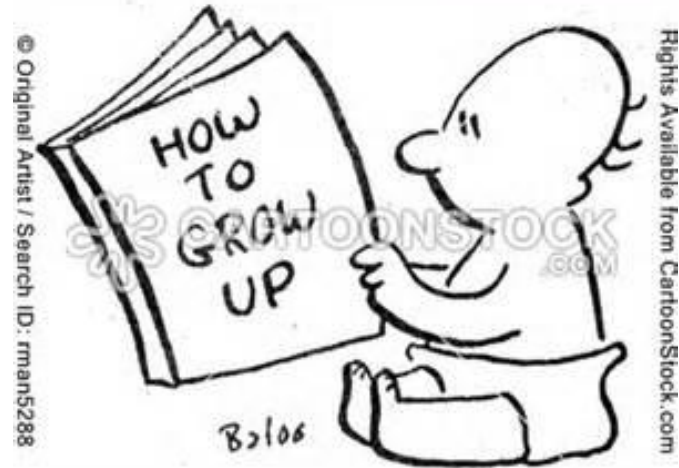
Read More,
Laugh More,
Love More...



Solutions?



Taking time for your self



Reading self help books



Meditation

What is Meditation?

The Term Meditation is prolonged
awareness



Emptying or Concentration of the mind

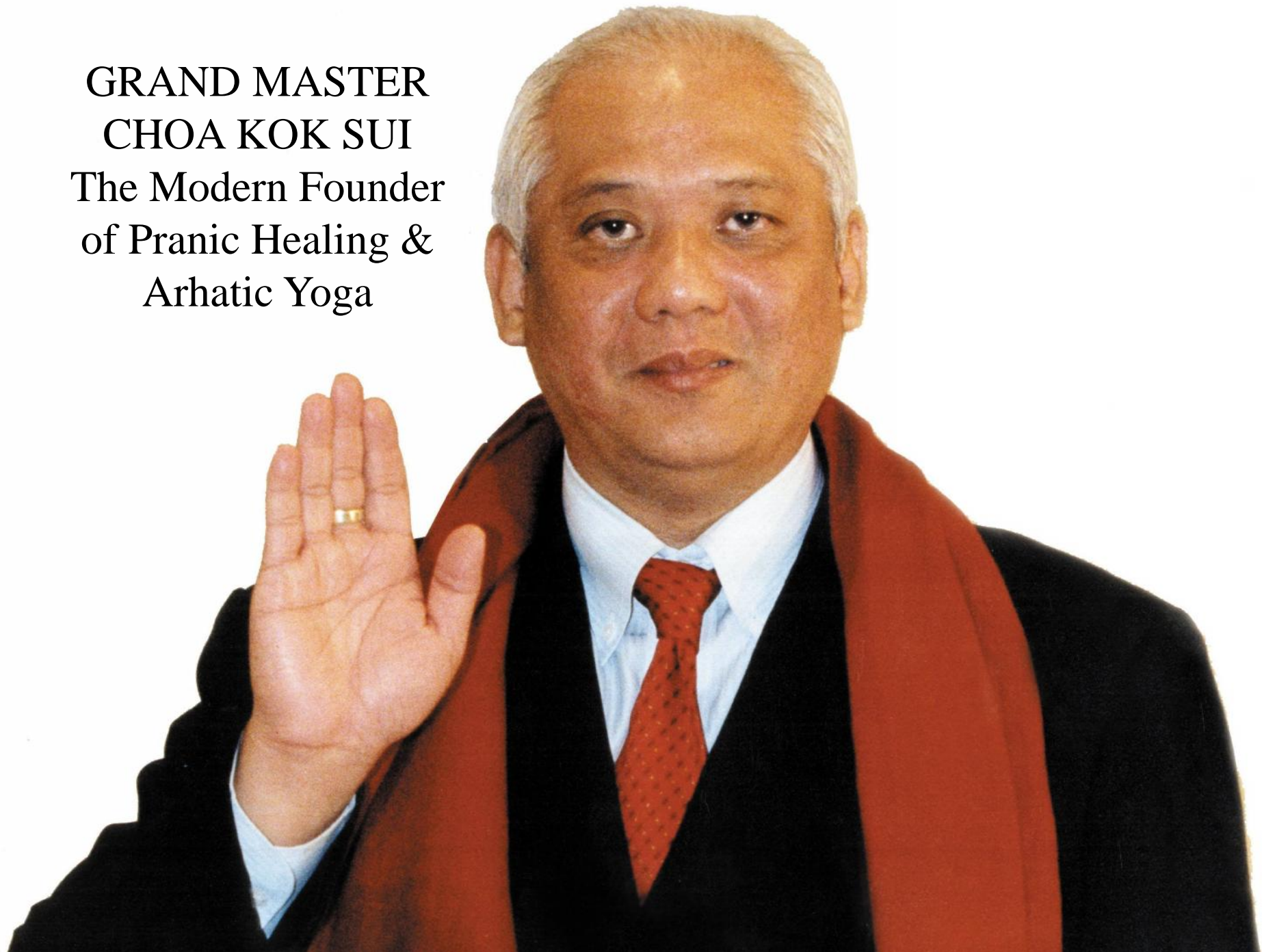


The Act of Thinking about
something carefully, calmly and seriously



Meditation on Twin Hearts

GRAND MASTER
CHOA KOK SUI
The Modern Founder
of Pranic Healing &
Arhatic Yoga



Some of the benefits of doing Twin Hearts Meditation are..

The meditation relaxes the body, calms the emotions and stills the mind.

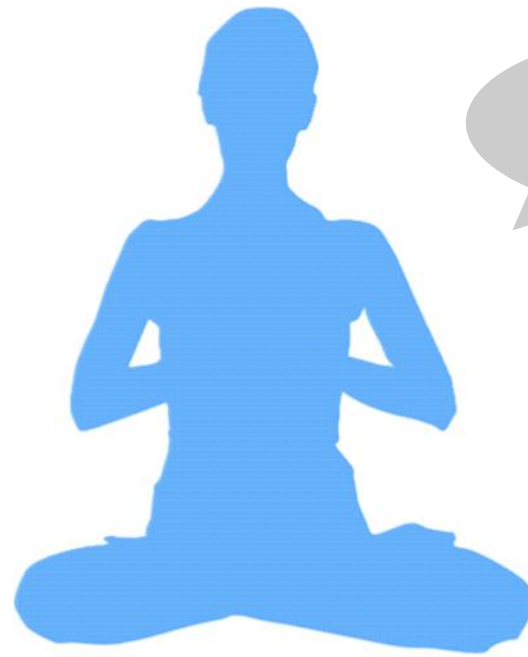
Regular practice of Meditation on Twin Hearts results in increased contentment, happiness, inner peace and joy in life.

There has been improvement and enhancement of relationships with spouses, family members and co-workers.

In conjunction with Pranic Healing, Meditation on Twin Hearts has also shown increased academic performance, athletic skills, behavioural functioning, improved memory and overall school and job performance.

PRANIC CAN ALSO HEAL YOUR
OTHER LIFE CHALLENGES

Feeling **burdened?**



Boss / Work
Issues?

Husband / Wife
Girlfriend / Boyfriend

Health
issues

Basic Pranic Healing
Advance Pranic Healing
Pranic Psychotherapy

Finances

Spiritual Business
Management

Achieving Oneness
with the Higher Soul
Arhatic Yoga

Spiritual
Growth

Bills to Pay

Kriyashakti

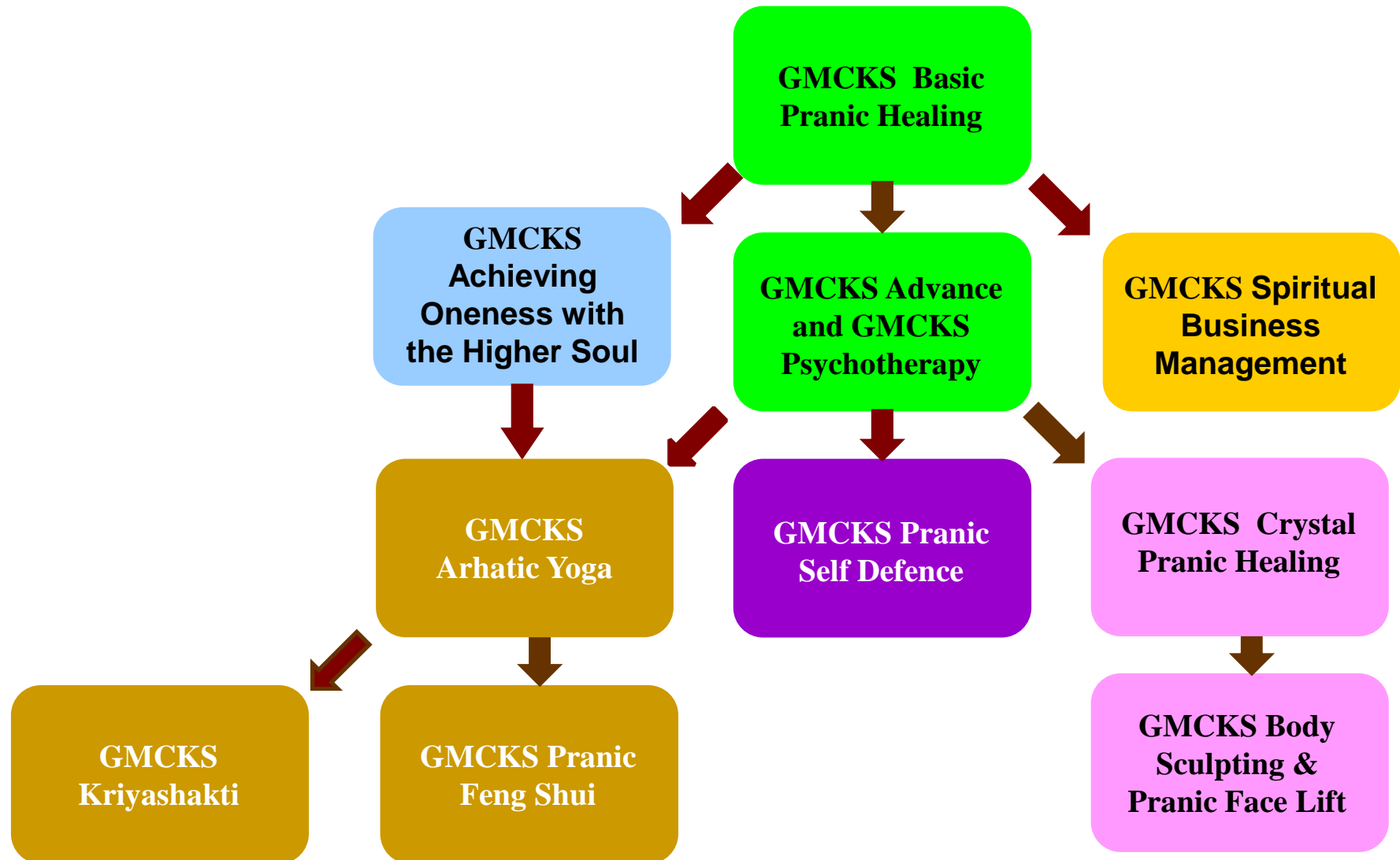


Pranic Feng Shui

Career

Certified Pranic
Healing Practitioner

FACETS OF PRANIC HEALING®





THANK
YOU!

ASANTE
SANA!

Ms. Evelyn Pereira
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