



THE POWER OF POSITIVITY

3rd

Asset Management Seminar

Flamingo Beach Resort & SPA

Mombasa, Kenya

8th Sept. 2017

A Step Ahead in Asset Management

Participant Expectations



Great Leadership



Postivity power

A village had experienced a long draught. When a meeting was called to pray for the rain a lad carried an umbrella to the meeting.

The Power of **Faith**

Postivity power...

When a parent throws a baby in the air and the baby laughs without showing fear of falling to the ground.

The Power of Trust

Postivity power...

As we retire to bed there is no assurance of waking up in the morning yet we set the alarm clock.

The Power of Hope

Postivity power...

We plan for huge future
events
without any knowledge of
what will unfold.

The Power of **Confidence**

Postivity power...

We see the world suffering and marriages breaking down yet we still hold weddings.

The Power of **Love**

Postivity power...

One old man was wearing a T-shirt with the writing; I am NOT 60 years old, I am SWEET 16 with 44 years' life experience.

The Power of **Aspiration**

Presentation Headlines



1

Positive Thinking

2

Intellect *vis a vis* Instinct

3

Emotional Intelligence

4

Achievements of Positive Thinkers

5

Rewinding the Tape

Positive Thinking



- ❑ It is a mental and emotional attitude that focuses on the bright side of things for positive results in life
- ❑ Anticipates safety, good health, overcoming all challenges and achieving overall happiness.

Positive Thinking ...



- ❑ Not everyone believes in and adopts the concept of positive thinking
- ❑ However, research has revealed that positive thinking is a mindset, a skill, a tool to be developed and used
- ❑ People have an ingrained negativity bias — Barbra Fredrickson UNC.

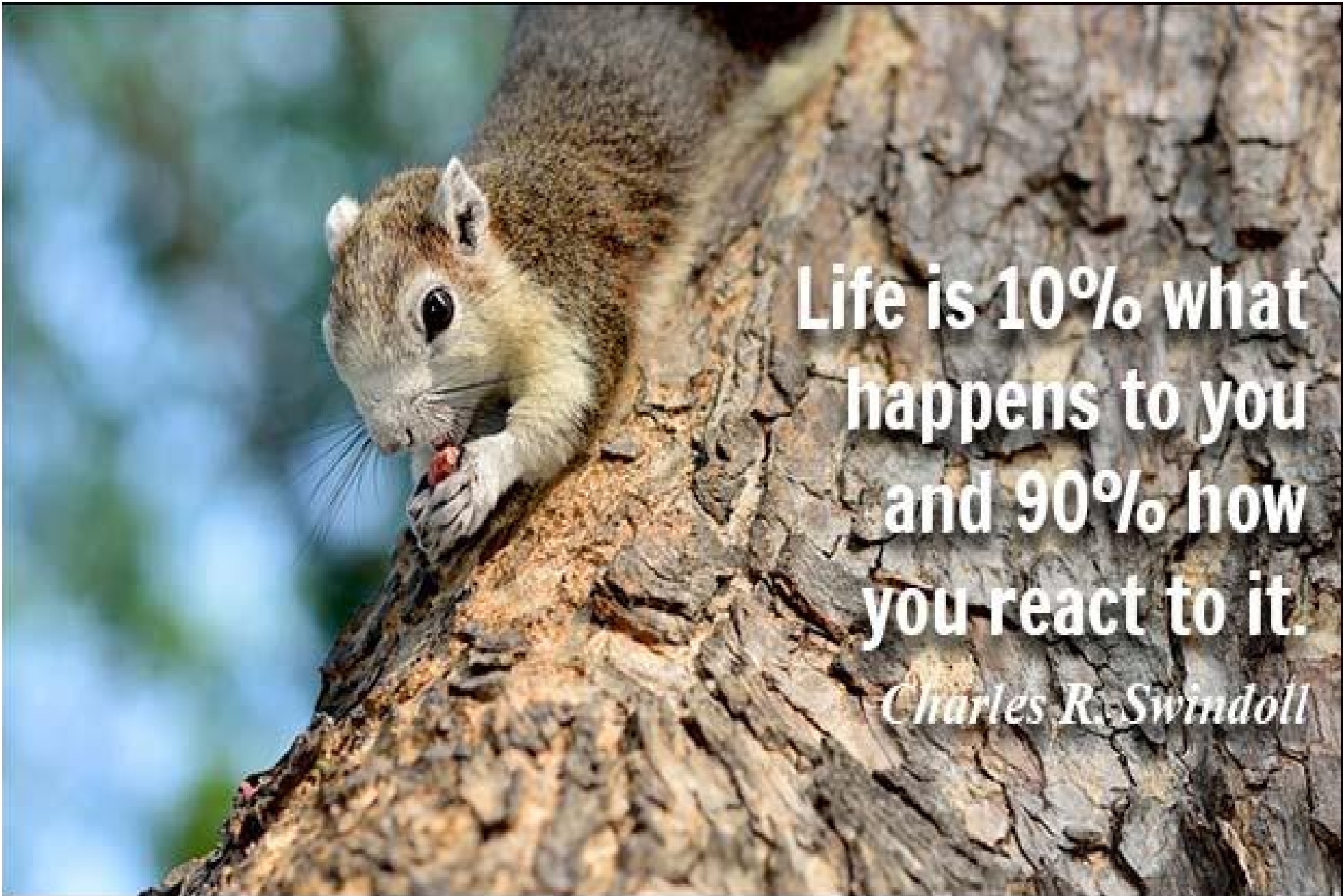
Intellect *vis a vis* Instincts



- ❑ God gave people intellect
- ❑ He gave animals, birds and fish instincts
- ❑ We use intellect to think rationally and make choices; animals act instinctively.



Microsoft Office Word 2007 Presentation

A close-up photograph of a squirrel with brown and white fur, perched on a tree trunk and eating a nut. The background is a blurred blue sky and green foliage.

Life is 10% what
happens to you
and 90% how
you react to it.

Charles R. Swindoll

The Research of Daniel Goleman

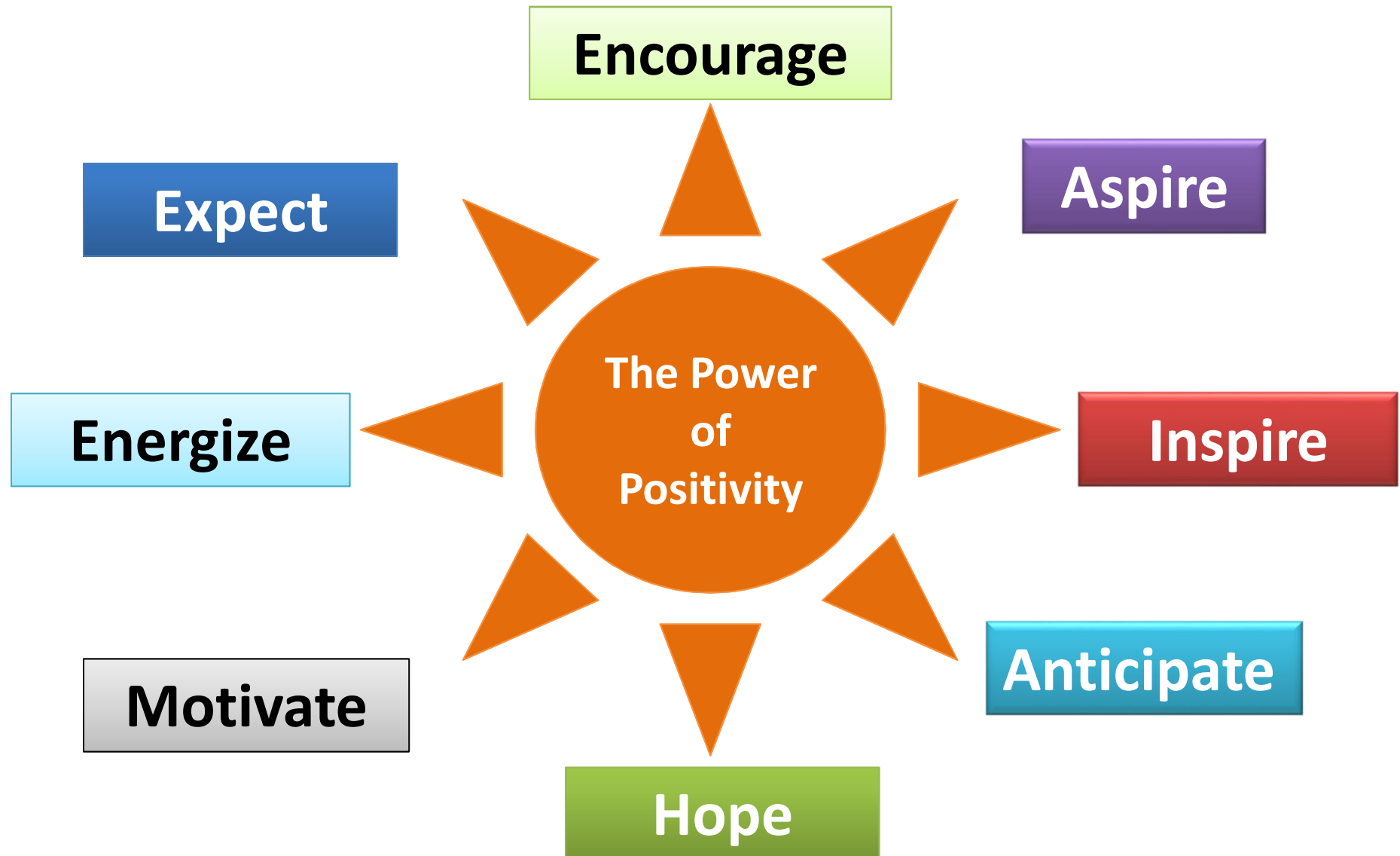
- ❑ He is psychology scientist from Harvard
- ❑ Through research he established that people who succeed in life have higher EQ than IQ.

Daniel Goleman Video Clip

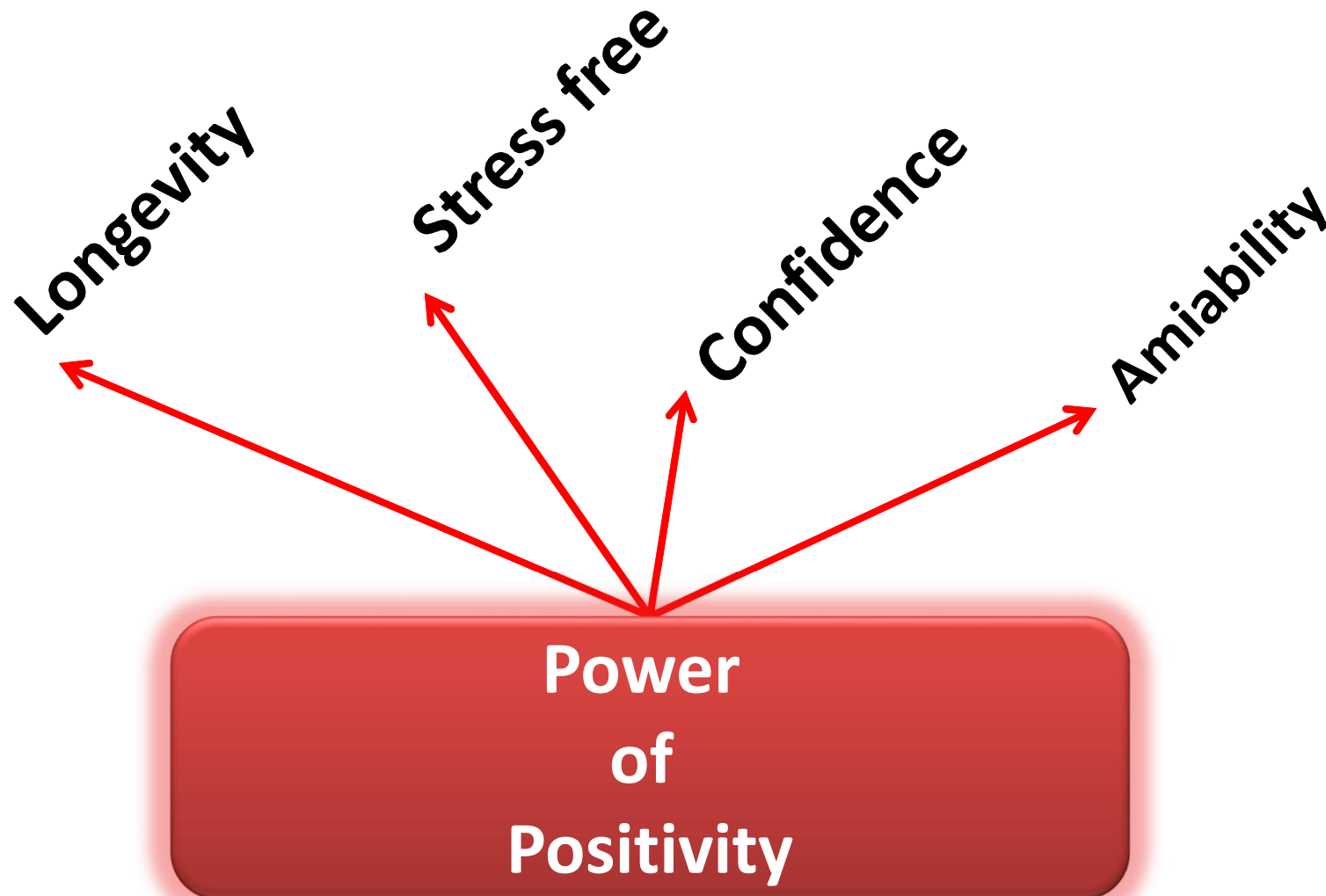


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Developing Positivity



Outcomes Positivity



Principles of Positivity



1. Be in control your attitude.
2. Frame events positively.
3. Create a "library" of energizers
4. Keep off negative media.
5. Ignore whiners and complainers.
6. Use enabler vocabulary.

Meet Jack Ma, Example of Positivity



- “ Owns  Global trade starts here.™
- “ Richest Chinese in the world today with a value of USD 713 billion
- “ **Alibaba.com** is an on-line market place, a search engine and a bank; all in one
- “ He visited Kenya in July with 38 other billionaires.

Jack Ma Video Clip



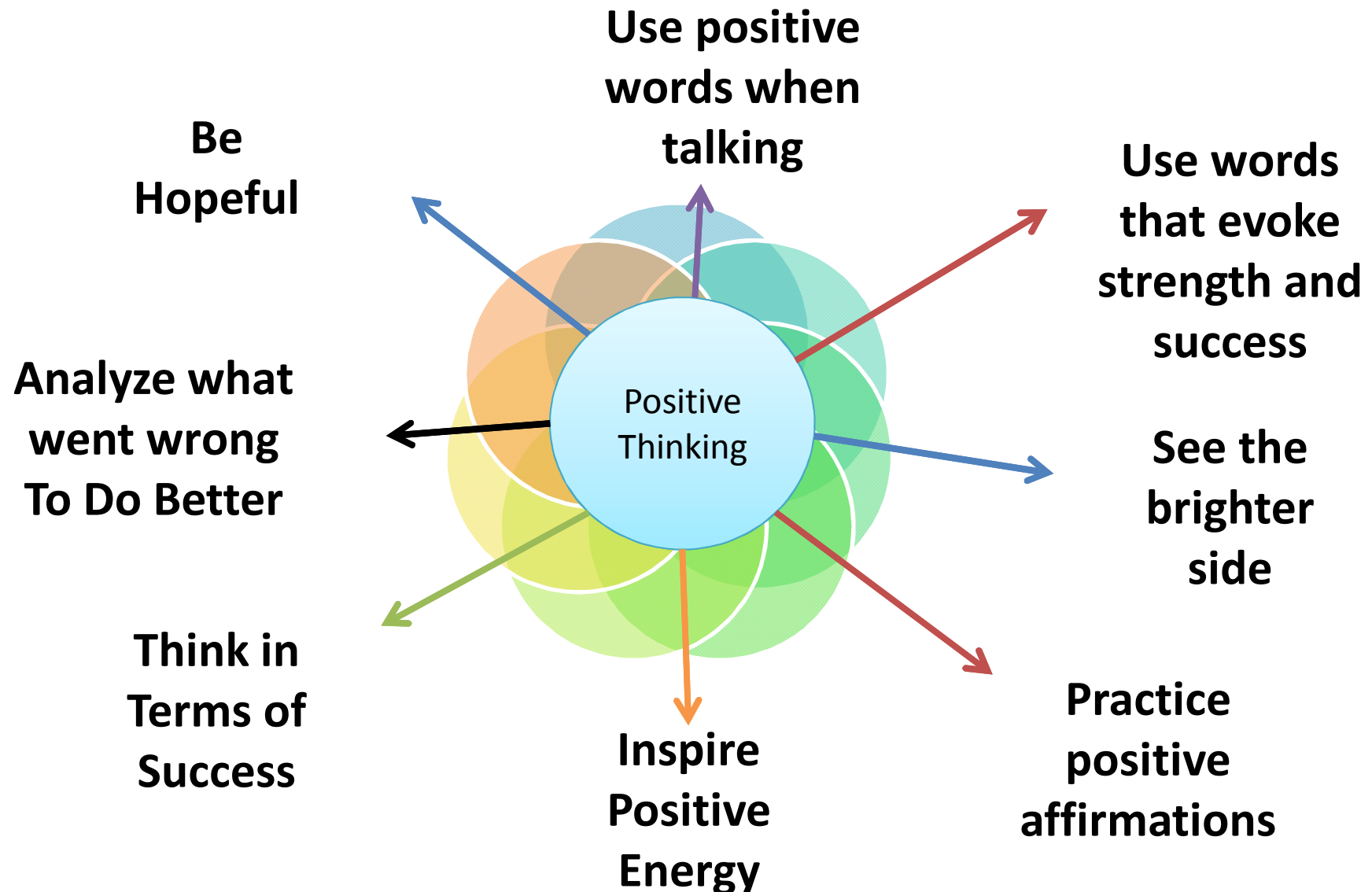
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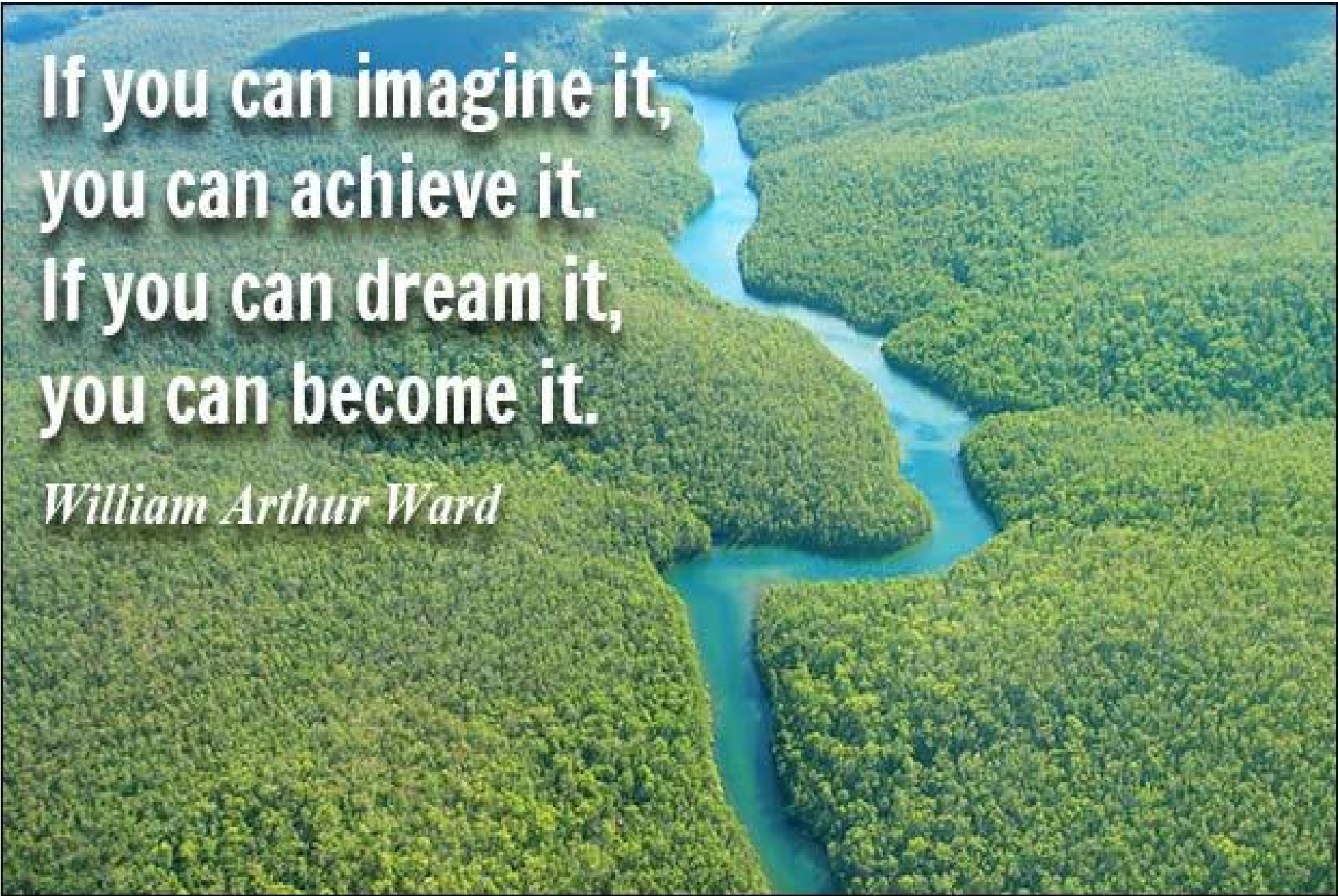
Sharing Views



- “ What are your views about the personality and demeanor of Jack Ma?
- “ What choices would you have made if you were in Jack Ma’s shoes at the time he was looking for a job?
- “ What would you spend your money on when you become the richest person in Kenya after this seminar?

Positive Thinking Application



An aerial photograph of a winding river or stream flowing through a dense, lush green forest. The river is a light blue color, contrasting with the vibrant green of the surrounding trees. The forest appears to be a mangrove or a similar coastal ecosystem, with the water winding through narrow channels and around small islands of land.

If you can imagine it,
you can achieve it.
If you can dream it,
you can become it.

William Arthur Ward

Most Optimistic Video Clip



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General Views, Comments, Suggestions



Thank you