



Irene Kinuthia PCC
Leadership Development Consultant
Certified Executive Coach
Certified Team Productivity Coach
Gallup Certified Strengths Coach

Contacts:
Mobile 0724300256
Email irenewkinuthia@gmail.com





THE TRIPLE 8 RULE OF LIVING LIFE

Friday, 26th July 2019

TRIPPLE PILLARS OF A GREAT LEADER



Personal Life Goals



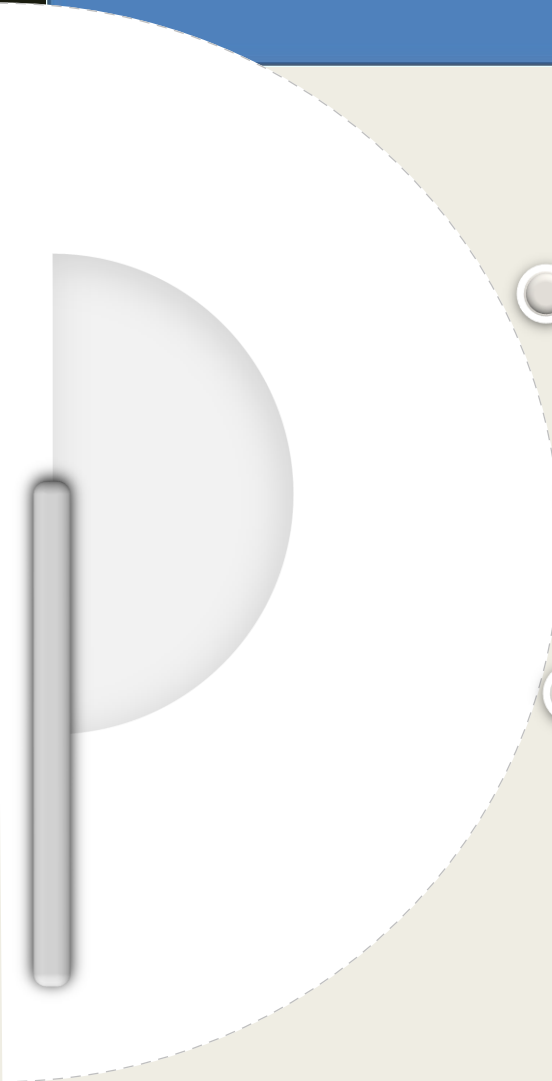
Professional Life Goals



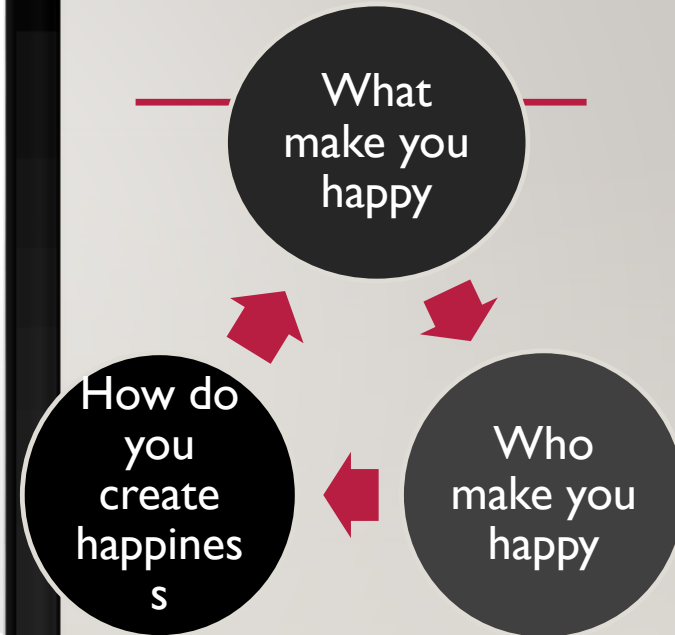
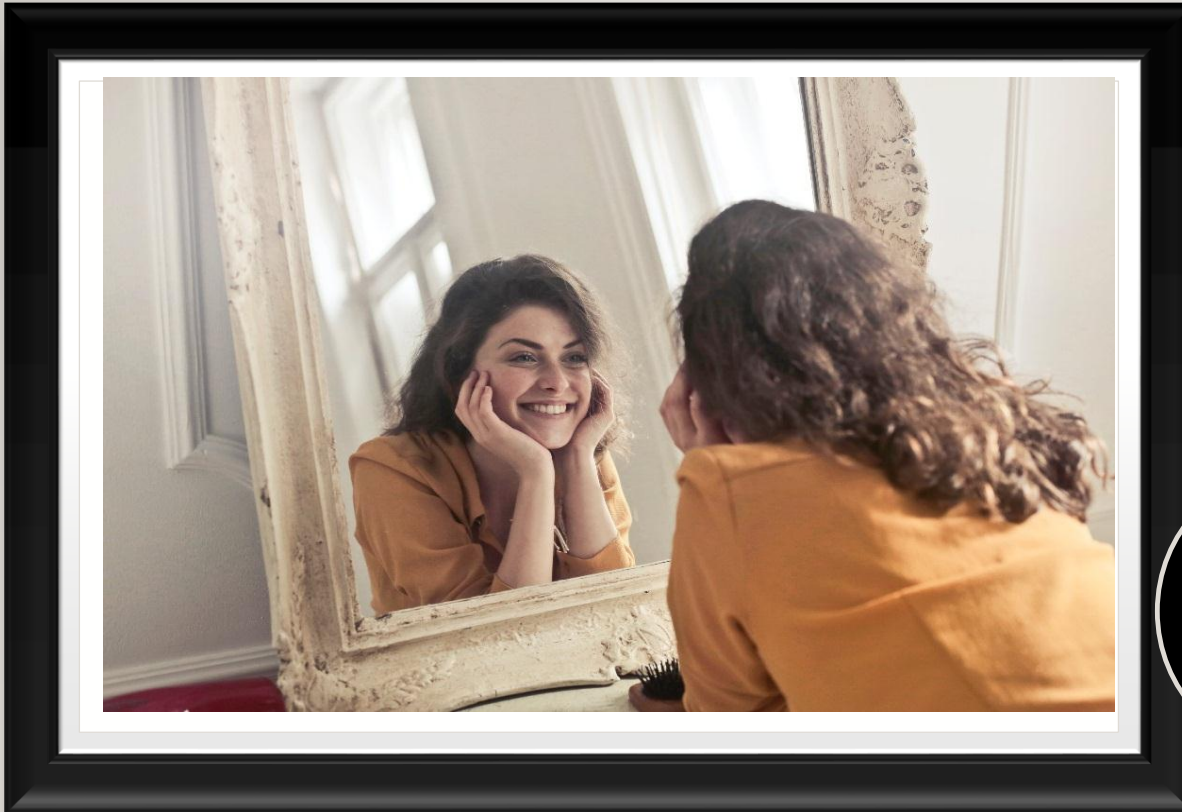
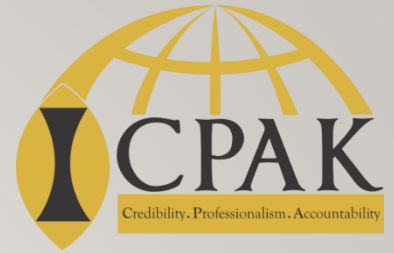
Rest and Restoration

TRIPPLE STEPS

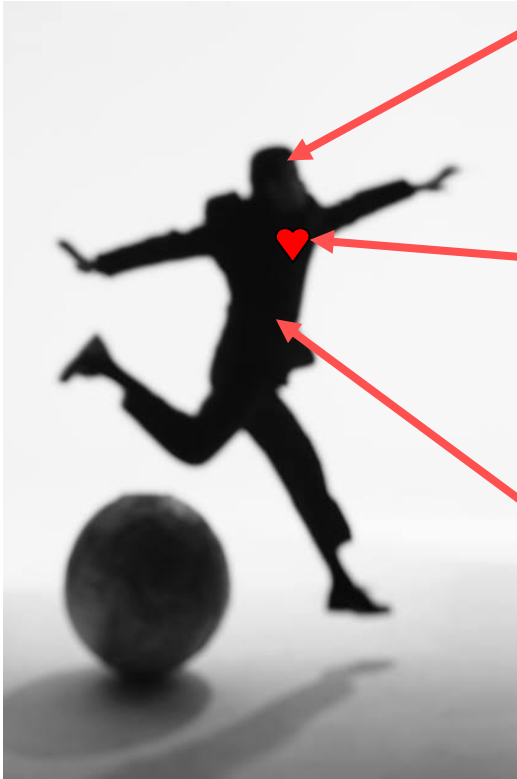


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- SELF AWARENESS
 - CLARITY ON STRATEGIC OBJECTIVES)
 - ACCOUNTABILTY/
COACHING

Deepening your self knowledge



TRIPPLE CONGRUENCE



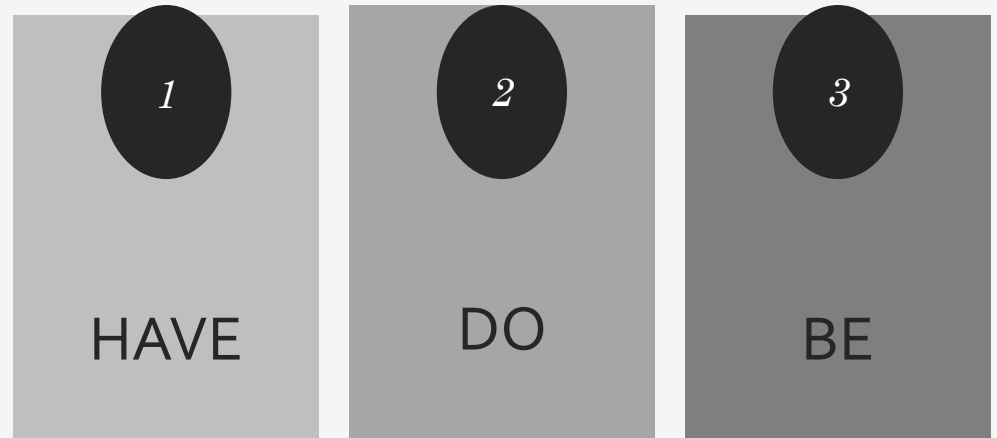
Head (cognitive understanding)

Heart (values and motivation)

Body (Behaviours and habits)

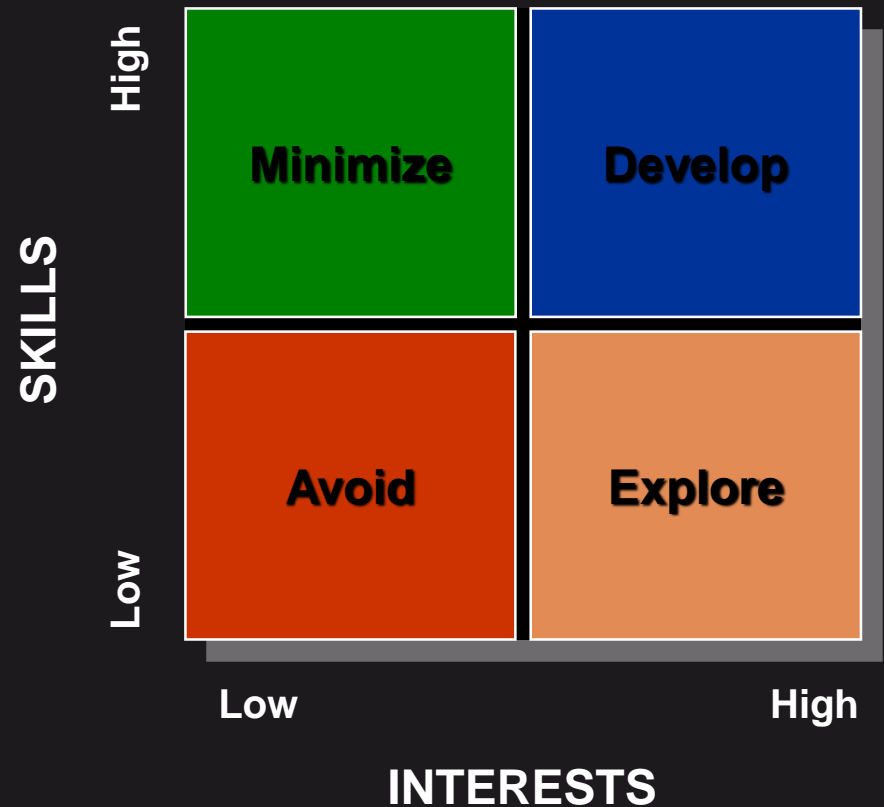
TRIPPLE LEVELS OF PERSONAL GOALS

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JOB POSITIONING

***Combinations of
Career Interests &
Skills***



**What factors hinder or
supported your rest and
restoration
over the last
1 year?**

TRIPPLE CHOICES



➤ Ready for change

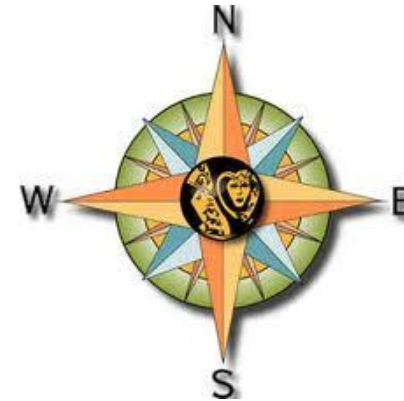
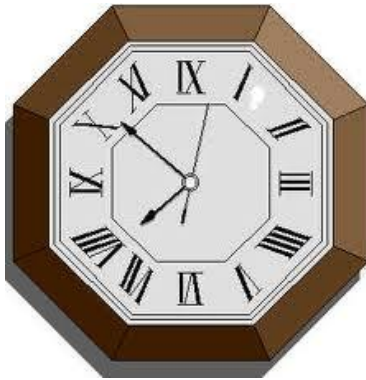
➤ Dreamer



➤ Prisoner



CLOCK VS COMPASS



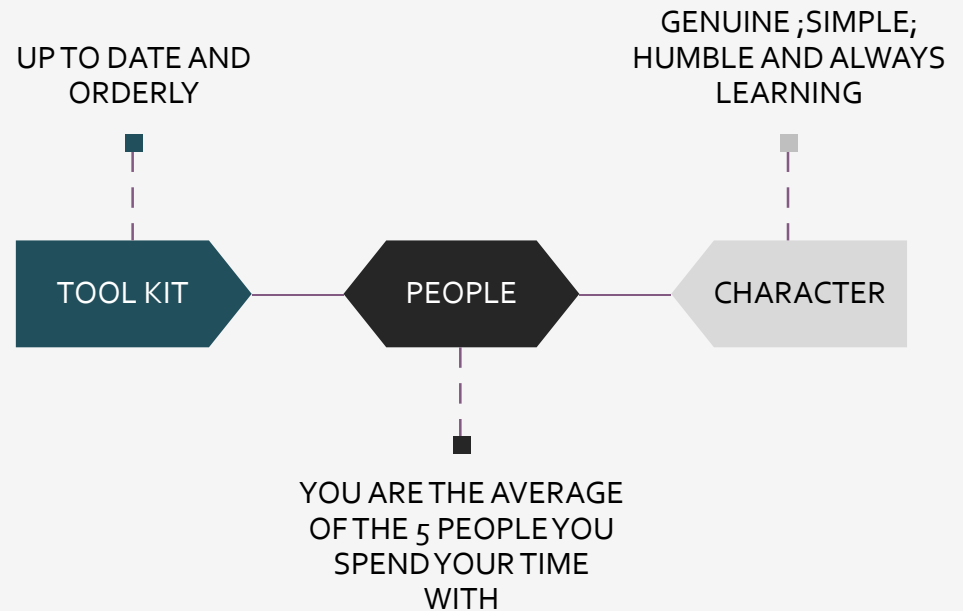
- Appointments, schedules, deadlines,
Activities etc based on chronos
(efficiency)

- Our vision, values, principles,
conscience etc based on kairos
(quality)

Personal SWOT



TRIPPLE SKILLS





THANK YOU

irenewkinuthia@gmail.com

Expectations....



☐ Manage your time well

