

# THE THIRST FOR PERSONAL LEADERSHIP

## THE ASSETS AND LIABILITIES SEMINAR

**At Acacia Premier Hotel, Kisumu**

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## Statements to reflect on Personal leadership:



- If you work harder on your job you will make a living, but if you work harder on yourself you will make a fortune.
- What you become directly influences what you get.
- If you and your boss reason the same, one of you is redundant.
- Beauty may take a woman to the palace but it is her character that will keep her there.
- Do not be so busy striving to make a living that you forget how to live a life.

## Generally, what is Leadership?

According to Myles Munroe he defines leadership as “The capacity to **influence** others through **inspiration** generated by a **passion** motivated by a **vision** birthed by a **conviction** produced by a **purpose**.”

**Then, what is personal leadership?** This question can only be answered correctly when you unravel as to who is the leader in your organization.

# Who is the most important person(leader) in your organization and why do you say so?

- You would say the CEO or any other person of equivalent authority and power.
- You would be right from your perspective because in every society there are traditions, norms, social expectations, customs, and value systems that impact, shape, mold, suppress, control and in some cases oppress the natural gifts, talents, capabilities of its members.
- This is no exception to us because I can hear potential screaming for release in all your souls.

## Then who is in charge ?



- Which one of this is the most important part of a car, the battery or the terminal wire?
- If you are like most people you will say , “The battery because it has the power to start the engine.”
- If you think the battery is the most important part of the car, let us disconnect the wire – car cannot start.
- The terminal wire was created to transmit electrical current from the battery to the generator and to the engine to ignite the spark plugs that provides the fire to turn the pistons and turn the engine over.

## Who is in charge cont....



- In essence, the terminal wire was designed to be the 'leader' in the area of electrical transmission.
- If you are given a job, it is in fact an opportunity to serve your inherent gift to the world. When you take full charge of the gift and finding several ways and methods of serving it effectively, then you are embracing personal leadership. Each person is like a star in the galaxy. You have your own radiance. Personal leadership is what will make you radiate it.

## Self Leadership

- From the foregoing, “personal leadership is the leadership of self. It is the ability to define a direction for your leadership and life, and to move in that direction with consistency and clarity.” – J.K. Jay
- Leading yourself means applying same leadership principles of leadership to your role and your life.

# Benefits of Personal Leadership



1. You learn to do things the way they come naturally, so you can be productive without being so busy.
- You learn to use your mind well
- You manage your focus instead of your time,
- You manage your energy instead of your effort.
- You achieve more with less.
- You experience quality work and quality time at once.



## Benefits of Personal Leadership cont.



### 2. You feel motivated and inspired

- You not only know what you do well, you know why you are doing it in the first place.
- Work isn't work any more, it is your chance to contribute your talents to people and ideas in which you believe.

# Benefits of Personal Leadership Cont.



## 3. You experience a life of joy and fulfilment

- The ability to connect not separate the different parts of your life.
- You can still be committed to your work but your commitment supports your personal life.
- You can still devote yourself to your personal interests, but your devotion is integrated with your work. You move from **distress to de-stress**.
- You see through the well documented myth that money alone can buy happiness.
- Reconnecting with sense of self does more than enliven your work.

## Benefits of Personal Leadership cont.



### 4. You get your life back

- When you learn to lead yourself, you find more free time, choice and control
- You can have it all without doing it all
- You learn to do first things first and to let things happen instead of making things happen.
- You can achieve your ambition while saving something for yourself.

# Benefits of Personal Leadership cont..



## 5. You Get Better Results.

- As you focus on your inner edge, you become more effective on your outer edge.
- Your success as a leader produces better results for your business.
- As you improve yourself, you improve your team, your organization, your company and your results.
- You expand your sphere of influence from inside out and followers enjoy your inaccessible inner beauty.

# Why leaders sometimes never embrace Personal Leadership

**1.The Principle of Experience:** It is important to know that any significant measurement of growth , development, expansion, or advancement will require experience to submit to the substance of personal development and leadership.

- A person may say that he or she has ten years experience. What he or she does not realize is that if no personal leadership has been taking place, the person has simply one year experience repeated ten times.

## The Principle of experience Cont..



- Professor Jim Collins asked the leadership expert Peter Drucker of his twenty-six books that he had written which one was the best and proudest of and he responded, “**The next one.**”
- He believed that to develop yourself effectively, you must view the past as a place of reference and not a place of residence.

## Principle of experience Cont..



- Paul York, a cardiologist shared a story about the development of balloon angioplasty, a technique that involves inserting a balloon into an artery and expanding it so that it opens up the blocked artery.
- Before this breakthrough invention, most cardiologists felt that the only way to deal with clogged arteries was to do bypass surgery to remove the damaged blood vessels.
- Significant roadblocks appeared in front of pioneers of the procedure.

## Principle of experience Cont..



- However, over time, the efficacy of balloon angioplasty was firmly established and became the standard of care for most patients with clogged arteries – courtesy of those doctors who were committed to personal leadership.
- This is a great example of a case where the status quo which is not ready to embrace further personal development is so entrenched that those closest to the situation cannot imagine anything different.



# The Principle of Comfort



## 2. The Principle of Comfort

- The greatest threat to personal leadership will come in the area of the greatest comfort. Military strategists know that an army is most vulnerable after a major victory. This is because their defenses are down and they are likely to be in a celebrating mode.
- What got you here won't take you there.
- No matter how well you did in school, you did not stay in one class.

## The Principle of Comfort Cont..



- I watched a movie called 'Boy in a Bubble.' The movie was based on a true story about a kid who had to live in a totally sterilized environment because his immune system stopped working.
- Doctors built a 10 – foot square, clear plastic sterilized bubble for the boy to live in. Everything that entered had to be germ free. People could see him and talk to him through the plastic bubble.
- The boy is faced with an agonizing choice. He can remain in the bubble and stay a life for years or he can choose to leave the bubble and live a full impactful life.

# The Principle of Comparison



## 3. The Principle of Comparison

- One of the most significant mistakes humans make is comparison – the measuring of oneself against the standards, work, or accomplishment of another.
- The exercise is fruitless, demeaning and personally tragic because it places our true potential at the mercy of others, giving the right to determine and define our success instead of leading ourselves to our own true success.

## Principle of Comparison Cont..



- The lesson here is that true success is not measured by how much you have done or accomplished compared to what others have done or accomplished: true success is what you have done compared to what you could have done.
- In other words living to the maximum through personal leadership is competing with yourself.

## 1.The Discipline of Personal Renewal

- Most damages is done in organizations or in life because of the failure of most leaders and managers to gain some relief from the inevitable stresses they face.
- The Chinese philosopher Lao Tzu said, “All actions begins in rest.”
- Abe Lincoln too captured the essence of Lao Tzu by saying, “If I had eight hours to chop down a tree , I’d spend six hours to sharpen my axe.”

## Personal Renewal Cont..



- Newton formulated the laws of gravity while meditating under an apple tree.
- Archimedes stumbled upon the laws of hydrostatics while soaking in a hot bath.
- Mozart composed one of his famous pieces over a game of billiards.
- Elias Howe, a Massachusetts instrument maker was deep in sleep when he had a bizarre dream. In it, he was being chased by a man carrying a long spear with a small hole at the end of it. This served as the inspiration for his invention that later became known to the world as the sewing machine.

# Abundance Knowledge.



## 2. The Discipline of Abundance Knowledge

- Books will keep you connected to the fundamental leadership principles that all too often get forgotten in the crush of daily activities.
- Books allow you to look deeply into the minds of the greatest men and women who have ever lived.
- How long does it take to acquire enough knowledge to make you great? “Ten thousand hours is required..”, writes the neurologist Daniel Levit.

# Discipline of Physicality



## 3. The Discipline of Physicality

- Take excellent care of your physical health and body –that s the temple of God and that is where you live.
- Remember that the key to happiness and creativity is a sound mind in a sound body.
- During Charles Dickens’s outing walks, he observed many young children working for little or no pay, a circumstance that deeply troubled him. His desire to shed light on this problem sparked his creativity leading to write his most famous work, **a Christmas**

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# Early Awakening



## 4. The Discipline of Early Awakening

- You must have the courage to win the battle of the bed and rise before most others do.
- Enjoy the exceptional tranquility that the day's earliest hour brings and bask in the splendor of the morning, before the crush of daily events clamors for your mind's attention.
- Unfortunately, most people do not get up early because they wouldn't know what to do with their time if they did.

# Deathbed Mentality



## 5. The Discipline of Deathbed Mentality

- Stop spending so much time thinking about the success of others and start focusing on your own vision for the future.
- Have the courage to understand that every minute spent thinking about someone else's victories is a minute taken away from the fulfilment of your own.
- Do not bother to focus on what your neighbor drives, rather focus on what drives you.

# Back to you!



This is for you now!



- As you reflect on the lessons that we have shared on “Personal Leadership,” I am confident you have got a sense now of how to start getting from life and start leading yourself.
- This lesson was prepared to help you to **take the tip from the top, the drip from the drop and be the cream of the crop.** Therefore, you should not only seize the day but you should also seize the moment..**CARPE DIEM and CARPE MOMENTIM.**

# Quotable Quotes



**'I dream of men who take the next step instead of worrying about the next thousand steps'.**

Theodore Roosevelt (Former US President)

**"I'm in this race not just to hold an office, but together with you to transform a nation."**

**"In the face of impossible odds, people who love their country can change it."**

Barack Obama quote from his February 10, 2007 Presidential announcement.

# Quotable quotes



**To be able to lead others, a man must be willing to go forward alone.'**

*- Harry Truman ( Former US President)*

**'If I have the belief that I can do it, I will surely acquire the capacity to do it, even if I may not have it at the beginning'.**

*Mahatma Gandhi*

**'The word impossible is not in my dictionary.'**

*-Napoleon Bonaparte*

# Over To You...your Memoirs...



- ☐ What will the future remember you for?
- ☐ Will history condemn or vindicate you?
- ☐ What do you want your great grandson to say about you with pride?
- ☐ Will your eternal pillow give peace to your conscience or disturb your dreams?

